

SABERA FOUNDATION AND RESEARCH INSTITUTE

Annual Report 2023-24



**41A, DDA FLATS, MATA SUNDARI
ROAD, NEW DELHI-110002**

**REGISTRATION
DETAILS**

Organization's Name	SABERA FOUNDATION & RESEARCH INSTITUTE
Regd. Office Address	41A, DDA Flats, Mata Sundari Road, New Delhi-110002
Colleges Run By Sabera Foundation & Research Institute	RAAFIAH COLLEGE OF EDUCATION RAAFIAH COLLEGE OF PHARMACY Address- Bisoli Road, Sahswan, Distt- Budaun, U.P.-243638
Affiliation of Colleges	PCI, NCTE, BTEUP
Registration Under	Trust Registration Act No. 1756 in book no.-4, vol. no. - 4223
Registered on	24th August, 2011
Registered at	Delhi
Income Tax Return	Organization files Income Tax Return every year to the Income Tax Department of India
80-G (5) (VI) No.	DEL - SE23733 - 07032012
12-A No.	DEL - SR21950 - 07032012
Pan No	AAKTS8998P
Chair Person	Md. HABIBUR RAHAMAN
Phone No	M- 9999098111 T- 011-23210628
Email Id	pulse_service@yahoo.com
Website	www.sfriglobal.org

Bank-1 General Account

NAME OF THE BANK	ICICI BANK
BANK ACCOUNT NO.	235301000260
BANK ADDRESS	2/17A, ASAF ALI ROAD, NEW DELHI
IFSC CODE	ICIC0002353
TYPE OF ACCOUNT	SAVINGS

Bank-2 General Account

NAME OF THE BANK	AXIS BANK LTD
BANK ACCOUNT NO.	912010040821819
BANK ADDRESS	2A & 2B, KHAN MARKET, NEW DELHI, DELHI-110003
IFSC CODE	UTIB0000120
TYPE OF ACCOUNT	SAVINGS

Activities in 2023-24

FREE HEALTH CHECK-UP & MEDICINES DISTRIBUTION CAMP

In our annual report, we are proud to highlight our initiative of organizing a Free Health Check-up and Medicines Distribution Camp. This event aimed to address the healthcare needs of underserved



communities, promoting wellness and preventive care. Through collaborative efforts with healthcare professionals and volunteers, we provided comprehensive health screenings, including blood pressure, blood sugar, and basic medical consultations.

Additionally, essential medicines were distributed to ensure continued access to treatment for common ailments. The camp not only offered immediate healthcare support but also raised awareness about the importance of regular check-ups and healthy living practices. By reaching out to vulnerable populations, we strive to make a meaningful impact on public health and contribute to the well-being of our community.

EYE CHECKUP CAMP

In this report we spotlight our Eye Check-up Programme, a vital initiative dedicated to promoting eye health within our community.

Through this programme, we provided accessible and comprehensive eye screenings to individuals of all ages, emphasizing early detection and

prevention of visual impairments. We offered education on eye care practices and distributed information about common eye conditions.



ART & CULTURE ACTIVITIES

Sabera Foundation and Research Institute has remained dedicated to fostering a vibrant cultural landscape through an array of enriching arts and cultural activities. From captivating performances to thought-provoking exhibitions, our programs reflect a cultural engagement in community.

Moreover, our cultural initiatives extended beyond traditional art forms,



encompassing workshops, lectures, and interactive sessions aimed at fostering creativity, cultural exchange, and dialogue. Through these endeavours, we sought to cultivate a sense of belonging and appreciation for cultural diversity within our community.

MARTIAL ART PROGRAMME

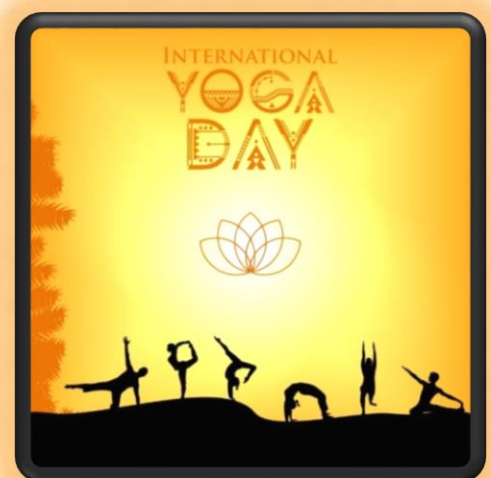
The program encompassed various martial arts styles, including karate, judo, and kung fu, catering to individuals of all ages and skill levels. Expert instructors led classes focused on technique refinement, physical fitness, and character building, instilling values such as respect, perseverance, and self-discipline.



Beyond the physical aspects, the martial arts program fostered a supportive community where participants formed lasting friendships and cultivated a sense of camaraderie. Regular belt grading ceremonies recognized achievements and milestones, motivating students to strive for excellence and continuous improvement.

YOGA DAY CELEBRATION PROGRAMME

Yoga Day celebration program embodies our dedication to promoting holistic well-being and mindfulness within our community. This year's event brought together individuals from all walks of life to commemorate the ancient practice of



yoga and its profound benefits for the mind, body, and spirit. In addition to physical exercises, the event included educational workshops and discussions on the philosophy and principles of yoga, emphasizing its role in promoting mental clarity, emotional resilience, and overall wellness.

SKILL DEVELOPMENT TRAINING PROGRAMME

SFRI's Skill Development Training Programme (SDTP) is a cornerstone of our commitment to empowering individuals and communities. Through targeted training initiatives, we aim to equip participants with the skills and knowledge necessary for sustainable livelihoods and economic independence



SDTP offers comprehensive training in vocational skills, soft skills, and entrepreneurship development. Our curriculum is designed to address the needs of diverse industries, ensuring participants are prepared for the demands of the job market. Hands-on practical training and interactive workshops foster experiential learning and skill mastery.

The Venue for the skill development training program:

RAAFIAH COLLEGE OF EDUCATION in rural area of Sahaswan area of Budaun district of Uttar Pradesh state.

Address: Raafiah College of Education, Sahaswan Bisauli Road, Near Dak Bangla, Post Sahaswan, Budaun U.P. 243638

ENVIRONMENTAL AWARENESS PROGRAMME

SFRI conducts a series of educational workshops, awareness campaigns, and interactive sessions aimed at raising awareness about key environmental challenges such as climate change, biodiversity loss, and pollution. Through innovative approaches and community involvement, EAP empowers individuals to adopt eco-friendly practices and become stewards of the environment.



Environmental Awareness Program has made significant strides in promoting environmental stewardship and behaviour change within communities. Participants have embraced sustainable lifestyles, implemented conservation measures, and advocated for environmental protection. By instilling a sense of responsibility towards nature, SFRI continues to inspire collective action for a healthier planet.

CONSUMER AWARENESS PROGRAMME

SFRI's Consumer Awareness Programme is dedicated to educating and empowering consumers to make informed decisions and assert their rights in the marketplace. Consumer awareness program conducts workshops, seminars, and outreach activities to educate consumers on a range of topics, including product quality, pricing transparency, and redressed mechanisms for grievances. Through

these initiatives, participants gain the knowledge and confidence to make educated choices and protect them from exploitation.



KVIC KHADI VOCATIONAL TRAINING PROGRAMME

The program provided comprehensive training in various aspects of khadi production, including spinning, weaving, dyeing, and garment making. Participants learned traditional techniques alongside modern practices, equipping them with valuable skills for employment and entrepreneurship in the textile industry.



Through hands-on training, mentorship, our organization provided access to market linkages, individuals gained in confidence and resources to start their own khadi enterprises or secure employment in related sectors. By fostering entrepreneurship and preserving cultural heritage, the KVIC Khadi Vocational Program has empowered

communities to thrive and contribute to the socioeconomic development of our society.

SWACHH BHARAT ABHIYAN PROGRAMME

The Swachh Bharat Abhiyan Programme at Sabera Foundation and Research Institute embodies our commitment to promoting cleanliness, hygiene, and sanitation in our communities. Through this initiative, Sabera Foundation and Research



Institute aims to contribute to the nationwide movement for a cleaner and healthier India. Our programme focuses on raising awareness about the importance of proper waste management, sanitation practices, and personal hygiene. We organize cleanliness drives, workshops, and community outreach events to engage citizens and encourage active participation in maintaining clean surroundings.

We collaborated with local authorities, educational institutions, and other stakeholders to implement sustainable solutions for waste management and sanitation infrastructure development. By empowering individuals with knowledge and resources, SFRI strives to create a culture of cleanliness and hygiene that enhances public health and well-being. As we reflect on our efforts within the Swachh Bharat Abhiyan Programme, SFRI remains committed to fostering a cleaner and more sustainable future for all.

RURAL DEVELOPMENT PROGRAMME

Sabera Foundation and Research Institute spearheaded a transformative rural development program aimed at uplifting under privileged communities and fostering sustainable growth. Through a



multifaceted approach, we addressed key areas such as education, healthcare, infrastructure, and economic empowerment. We constructed schools and provided educational resources to enhance access to quality education, empowering children with knowledge and skills for a brighter future. Additionally, our healthcare initiatives improved healthcare accessibility and awareness, ensuring better health outcomes for residents. Infrastructure projects, including road construction and access to clean water, enhanced living standards and facilitated economic activities.

Moreover, we implemented livelihood programs and vocational training, empowering individuals with income-generating opportunities and reducing poverty. The program's holistic approach not only enhanced the overall well-being of rural communities but also promoted self-sufficiency and resilience, laying the foundation for sustainable development and long-term prosperity.

BETI BACHAO BETI PADAU PROGRAMME

Our Organization took significant strides in advancing gender equality through the implementation of the Beti Bachao Beti Padhao (BBBP) Programme. This initiative aimed to address the deeply entrenched issue of gender discrimination and promote the rights and opportunities of girls in the society. Through targeted interventions, awareness campaigns, and community engagement activities, we worked tirelessly to combat gender-based violence, discrimination, and harmful cultural practices. Our efforts focused on promoting girls' education, empowering them with knowledge and skills to thrive in all aspects of life.



Additionally, we collaborated with schools and colleges, arranged workshops, talked to local community girls, and provided knowledge about their laws and rights. By fostering a supportive environment and advocating for gender equality, our BBBP Programme played a pivotal role in reshaping attitudes and behaviours towards girls, ensuring their equal participation and contribution to society's progress.

EARTH DAY / TREE PLANTATION PROGRAMME

Our organization has an impactful Earth Day celebration and tree plantation program, exemplifying our commitment to environmental sustainability. On Earth Day, we rallied volunteers and community members to plant trees at RAAFIAH COLLEGE OF EDUCATION in Rural

Area of Sahaswan area of Budaun District of Uttar Pradesh State., promoting biodiversity and combating deforestation. Through educational workshops and awareness campaigns, we emphasized the importance of environmental conservation and encouraged sustainable practices. The event not only fostered a sense of responsibility towards our planet but also united individuals in a common goal of preserving nature for future generations. Our tree plantation efforts reflect our ongoing dedication to environmental stewardship and serve as a testament to the positive impact collective action can have on our planet.



DISABILITY AWARENESS PROGRAMME

The Disability Awareness Programme of our NGO is a cornerstone of our commitment to promoting inclusivity, understanding, and support for individuals with disabilities within our community. Through this initiative, we strive to raise awareness about the rights, challenges, and capabilities of people living with disabilities.



Our Programme includes educational workshops, awareness campaigns, and community outreach activities aimed at challenging stereotypes, reducing stigma, and fostering empathy and understanding. We collaborate with local disabled people, and experts, to ensure that our efforts are informed by their perspectives and needs and to make sure that they are provided help and care on time.

HORTICULTURE AWARENESS PROGRAMME

Our organization conducted a dynamic Horticulture Awareness Programme, aimed at promoting sustainable agricultural practices and empowering communities through



horticultural knowledge. Through workshops, demonstrations, and hands-on training sessions, we educated farmers and local residents about the benefits and techniques of horticulture. Participants learned about efficient water management, organic farming methods, and crop diversification, enabling them to maximize yields while minimizing environmental impact.

Other than that we emphasized the importance of biodiversity conservation and the cultivation of indigenous plant species, preserving local ecosystems and promoting resilience to climate change. The Programme also facilitated access to quality seeds, tools, and market linkages, empowering farmers to generate income and improve their livelihoods sustainably. By fostering horticultural skills and awareness, our initiative not only enhanced food security but also empowered communities to harness the potential of horticulture for economic development and environmental sustainability.

ROAD SAFETY AWARENESS PROGRAMME

The Road Safety Awareness Programme undertaken by our organization is a vital initiative aimed at promoting safer road practices and reducing accidents within our community. Through this Programme, we conduct educational campaigns, workshops, and outreach activities to raise awareness about the importance of road safety.



Our efforts focus on educating pedestrians, drivers, cyclists, and passengers about traffic rules, safe driving practices, and the importance of wearing seat belts and helmets. Additionally, we collaborate with local authorities, schools, and community organizations to advocate for improved road infrastructure and enforcement of traffic regulations.

The Road Safety Awareness Programme also includes initiatives such as road safety audits, hazard identification, and capacity-building activities for stakeholders involved in road safety management. By empowering individuals with knowledge and skills to navigate roads safely, our NGO aims to prevent road accidents and save lives. As we evaluate the impact of this Programme, we remain committed to promoting road safety as a fundamental aspect of community well-being.

LEGAL AWARENESS PROGRAMME

Our Organization's Legal Awareness Programme made significant strides in empowering communities with knowledge of their rights and legal resources. Through workshops, seminars, and outreach initiatives, we provided crucial information on various legal topics, including human rights, gender equality, labour laws, and access to justice. By partnering with legal experts, we facilitated discussions and Q&A sessions to address community-specific legal challenges and concerns.



Additionally, we distributed informational materials and developed online resources to ensure accessibility to legal information for all. Our Programme also included advocacy efforts to promote legal reforms and policies that safeguarded the rights of vulnerable populations. Through our Legal Awareness Programme, we empowered individuals to navigate the legal system confidently, advocate for their rights, and seek redress for injustices. Moving forward, we remain committed to fostering legal literacy and promoting social justice for all members of society.

HANDICRAFT AWARENESS PROGRAMME

The Handicraft Awareness Programme at Sabera Foundation and Research Institute (SFRI) embodies our dedication to preserving traditional crafts and empowering artisans in the community. Through this initiative, SFRI aims to raise awareness about the cultural significance and economic potential of handicrafts, while also providing training and support to local artisans. Workshops and seminars are organized to educate participants about various handicraft techniques, such as weaving, pottery, and embroidery, showcasing the rich heritage of our region. Additionally, SFRI facilitates market linkages and entrepreneurship development opportunities for artisans, enabling them to showcase their skills and products to a wider audience. The Programme not only contributes to the preservation of traditional crafts but also fosters socio-economic



empowerment within the community. As we celebrate the achievements of the Handicraft Awareness Programme, SFRI reaffirms its commitment to promoting cultural heritage and sustainable livelihoods for artisans, ensuring their continued prosperity for generations to come.

ATMANIRBHAR BHARAT AWARENESS PROGRAMME

The Atmanirbhar Bharat Awareness Programme, spearheaded by our NGO, embodies our commitment to fostering self-reliance, entrepreneurship, and economic empowerment within our community. Through this initiative, we strive to raise awareness about the Atmanirbhar Bharat (Self-Reliant India) initiative launched by the government.



Our programme includes educational workshops, seminars, and outreach activities aimed at informing individuals about the various schemes, policies, and opportunities available to support entrepreneurship, skill development, and local manufacturing.

Additionally, we provide guidance and support to aspiring entrepreneurs, small businesses, and artisans to access resources, financing, and markets to grow their enterprises. Through capacity-building initiatives and mentorship programs, we empower individuals to harness their potential and contribute to building a self-reliant and resilient economy.

As we assess the impact of the Atmanirbhar Bharat Awareness Programme, we remain committed to promoting self-reliance and

economic prosperity for all members of our community, thereby contributing to the vision of a strong and self-sufficient India.

BOOK FAIR PROGRAMME

A Book Fair Programme is a display or exhibit of books by a group of publishers or book dealers for promoting sales and stimulating interest. It is also a fair or bazaar at which books are sold or auctioned to raise money for some worthy cause. A Book Fair Programme was organized by SFRI where books were displayed and sold at nominal prices.



FREE MOBILE DISTRIBUTION

200 Free Mobiles were distributed to students under Sabera Foundation & Research Institute to promote digital access and education.

